## I RAN THE VIRTUAL NYRR MENTAL HEALTH AWARENESS MONTH CHALLENGE



## CHRIS BEARD

COMPLETED ON MAY 1, 2025 IN NEW YORK, NY OTHER DISTANCE

> 5:10:00 TIME

10:00 PACE

Congratulations and a big thank you for participating on behalf of New York Road Runners

THE VIRTUAL NYRR MENTAL HEALTH AWARENESS MONTH CHALLENGE IS BROUGHT TO YOU BY:



haku