

# I RAN THE VIRTUAL NYRR MENTAL HEALTH AWARENESS MONTH CHALLENGE



## AMANDA KARIS

COMPLETED ON MAY 1, 2025  
IN NEW YORK, NY  
OTHER DISTANCE

5:10:00  
TIME

10:00  
PACE

POWERED BY  
**haku**

*Congratulations and a big thank you for participating on behalf of New York Road Runners*

THE VIRTUAL NYRR MENTAL HEALTH AWARENESS MONTH CHALLENGE IS BROUGHT TO YOU BY:

