

# I RAN THE NYRR MINDFUL 5K



## NICK GRINLINTON

COMPLETED ON MAY 3, 2025  
IN CORONA, NY  
5K

TIME

*Congratulations and a big thank you for participating on behalf of New York Road Runners*

THE NYRR MINDFUL 5K IS BROUGHT TO YOU BY:



POWERED BY

**haku**